TEETH HUB
Dental Clinic

Dr. Mia Anne Villanueva - Perez
General Dentistry • Esthetic Dentistry • Practicing Orthodontics • Implant Dentistry
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Patient's Name: Cocca Age: Sex:
Address: Date:

Rx

Deep scaling
3,000 X 4 Q = 12000
PAO = 5000
17,000
÷ 3 sessions = 5'666

Dr. Mia Anne Villanueva - Perez
Lic. No.:
Ptr. No.:

INSTRUCTION TO PATIENTS AFTER TOOTH EXTRACTION

- Leave gauze pack on extraction site about 30 - 45 minutes, applying moderate pressure by closing teeth gently on the pack.
- Do not suck on the extraction site to prevent bleeding.
- Do not rinse your mouth vigorously, for it will destroy the clot which delays healing.
- Avoid brushing your teeth near the healing socket within 24 hours.
- Avoid strenuous activities.
- Apply cold compress to reduce bleeding and pain for 3 to 6 hours.
- Soft diet for two days, avoiding alcohol and hot beverages.
- Take all the prescribed medication to control pain and prevent infection.
- If you have prolonged and / or severe pain, swelling, bleeding or fever call us immediately.